



JOIN MEN RETREATS

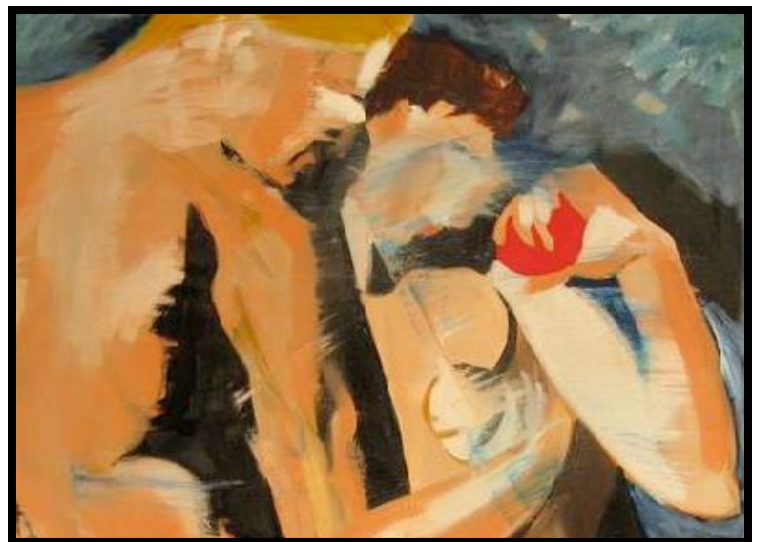
Gathering men and promoting their growth

Wounded Lovers: Embracing our Sexuality

We're created to be good lovers—to love and be loved with sexual intimacy. But most men are wounded lovers. We suffer brokenness in our sexual lives, leaving us to struggle with shame and some form of weakness or compulsion. In this retreat for men, we reclaim God's gift of sexuality, recognize our struggles, and embrace who we are as spiritual and sexual men who long for loving union with others in life.

Sessions

- Reconnecting sex to sexuality and spiritually
- Embracing our bodies as good, genitals and all
- Restoring our vision and sexual integrity
- Recognizing sexual woundedness and struggles
- Recovering erotic love and sexual intimacy



Leader

Steve Thomas, US coordinator of Mennonite Men, has been engaged in various retreats on sexuality and spirituality. With a history of recovery from sexual brokenness, he's familiar with the terrain and has written on sexual wholeness in *Living That Matters: Strength, Love, and Wisdom for Men of Faith* (Herald Press, 2023).